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# Executive Presence: A Real-Time Virtual Experience

# Rotman

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#1 in Canada for  
Open Enrolment  
THE FINANCIAL TIMES 2020

Inspire confidence, whether virtually or in-person.

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There's a difference between being a boss and being a leader. Rotman's Executive Presence workshop provides you with the tools to improve your motivation, body language, and emotional intelligence so you become and present the way you want to be seen.

Your presence includes your gestures, gaze, voice and more. Each plays a part in building other people's impressions of you, their perception of your ability to lead, your confidence, and capability. Leadership is more than what you say, it is how you are heard.

## Flexible Learning Design during COVID-19

Don't feel alone while you learn online. We've designed this program to respect both the current challenges of working from home while maintaining and building connections with a class of your peers across different industries and organizations. You'll still gain the networking and learning benefits of our in-class programs while learning from the comfort of your own home with a schedule adapted to your current needs.

In this virtual real-time experience, you'll build the motivational stance necessary to develop trust, rapport, and inspired action with your colleagues. Each participant will also receive:

- » A five-channel framework for expression
- » A body language checklist
- » A one-on-one session of expert body language analysis

Whether you intend it or not, our emotions unconsciously play out on our faces and in our body language and can send mixed messages to both your team and those above you. By learning to consciously investigate and reshape your mental frames and habitual emotional patterns, you can improve your ability to lead others, boost cooperation between departments, and prove you're ready for the next level of your career.

Using the lens of a psychologist with extensive experience and expertise in self-development and leadership training, Professor Maja Djikic will help you refine the way you present yourself to the world so you can inspire confidence in others.

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**2 half-days virtually plus a one-on-one personal feedback session**

**Program Fee:**  
Value: \$2,500 CAD + HST  
Special Online Pricing: \$2,000 CAD + HST

**Questions?**  
Contact our learning advisor at [advisor@rotman.utoronto.ca](mailto:advisor@rotman.utoronto.ca)

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**Apply Online: [www.rotmanexecutive.com](http://www.rotmanexecutive.com)**

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## Schedule

Day 1: Morning Half Day	Day 2: 15 Minute Consultation	Day 3: Morning Half Day
<ul style="list-style-type: none"><li>» Leadership building blocks: survival vs development</li><li>» Trust</li><li>» Integrity and transparency</li><li>» Principles of presence</li><li>» Five channels of expression</li></ul>	<ul style="list-style-type: none"><li>» Individual 15 minute personal feedback sessions</li></ul>	<ul style="list-style-type: none"><li>» Emotion fundamentals</li><li>» Reacting vs responding</li><li>» Dealing with negative emotions</li><li>» Cognitive empathy</li><li>» Communication vs manipulation</li><li>» Mindful listening</li><li>» Inspiring trust</li><li>» Leadership stance</li></ul>

Subject to change