



RESILIENCE REDEFINED

Resilience: "be a rock in a river"

In May, we welcomed Lorna Borenstein, Founder & CEO, Grokker, as the Rotman Women & Leadership Speaker. Grokker is a media firm that offers monthly subscribers high-quality instructional videos on yoga, fitness and cooking. Lorna spoke at Rotman 17 years ago, and returns this time to share with us her lessons in resilience and how to remain authentic.

Lorna described resiliency as being like a rock in a river – instead of fighting the currents, how can we change the flow of the current? She shared with the audience of 200 guests the importance of defining your absolutes: know where you came from, where you want to be and be true to yourself. Lastly, she stated that we should not confuse accumulating success with it being a gateway to joy, and to remember that you're valuable because of you and not what you do. It was an inspiring session! Here's a clip (https://www.youtube.com/watch?v=E2NCy4B_vb0&list=PLUbCpqq07nqeKg_HEo7w_xs7NlnEklvK2) and some tweets in case you missed the event. photo credit: @firestone_sarah



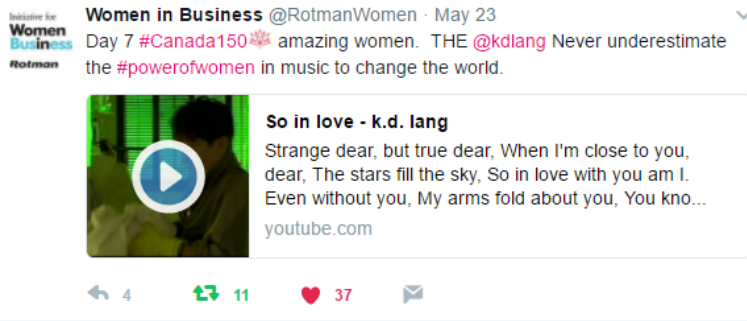
Photo credit: @jenniferhollett

CAREER PIVOT?

Are you considering a career transition? Jenny Blake, an author, and career and business strategist, shared with us her insights into making the next career move. As part of the Rotman Women & Leadership Speaker Series Event sponsored by BMO, Jenny also shared a 4-stage pivot method to get you where you want to go. In today's world, we are all pivoting, so we might as well be intentional about it.

1. PLANT: double-down on your existing strengths, interests and experiences
2. SCAN: find new opportunities by identifying skills to develop, people to work with, and projects that interest you
3. PILOT: run several small experiments based on what you enjoy, have expertise in, and seek to expand into
4. LAUNCH: take smart risks to launch with confidence in a new direction

HAPPENINGS @ IWB



Follow us on Twitter to celebrate Canada's 150th with 150 Amazing Women, as we feature women from all walks of life who have used their skills, talent, courage, or desire for change to make our country a better place to live and work. See who is featured today:

<https://twitter.com/RotmanWomen>

This year, our very own Business Edge mastermind [Sabina Michael](#) was recognized at a We Are Rotman awards ceremony, in the Diversity and Inclusion category. Business Edge is a program that supports the career advancement of internationally trained business professionals, both men and women. Sabina's relentless efforts allow us to deliver a truly leading-edge program. Participants report better fitting employment, enhanced salaries, and most importantly, an understanding of diversity and inclusiveness. In her daily interactions, Sabina's respect for and her willingness to be inclusive around diverse thinking and interactions serve as a role model to all of us. Congratulations Sabina!



SPOTLIGHT ON PROGRAM GRADUATES

The Athena Program

Katie Pollock is an aspiring leader who believes women can be both a parent and leader. Katie is currently an Underwriter at Berkley Canada and is a Chartered Insurance Professional (CIP). Click [here](#) to read more about Katie.

Emerging Leaders

Ann Perry is a history graduate who is developing her business leadership skills at Medicine by Design (regenerative medicine research institute) at U of T. Prior to joining U of T, Ann led a communications team at the Ontario Ministry of Infrastructure, and provided strategic communications advice at the Ontario Ministry of Energy. Click [here](#) to learn more about Ann.

Just Announced: Rotman Women & Leadership Speaker Series Event sponsored by BMO Financial Group
Thursday November 30, 2017 | 12:00 PM - 01:00 PM



Join us as we welcome **Sonya Kunkel**, Chief Inclusion Officer, BMO Financial Group, in conversation with **Tiziana Casciaro**, Rotman Associate Professor of Organizational Behaviour and **Jim Fisher**, Rotman Professor of Leadership, to discuss BMO's 2017 Catalyst award winning initiative, **Diversity and Inclusion Renewal for Sustainable Change (DIR)**. Please check [here](#) for more information and to register.

Registration Now Open! Fall Pro Dev Programs

Invest in your own leadership development today. **A 10% program fee discount is available to registrants in the Athena and Emerging Leaders programs until July 31, 2017.**

- Starts Sept 9th [Business Edge](#) – for internationally educated professionals (our only co-ed program)
- Starts Sept 25th [Back to Work Program](#) – for professional women re-entering the workforce
- Oct 11-12 [Leadership in Administration](#) – for Executive Assistants and Program Coordinators in all industries
- Nov 7-8 [Athena Program](#) – for Project and Team Leads, Managers and aspiring Leaders
- Nov 20-23 [Emerging Leaders](#) – for AVPs, Directors, Senior Managers in all industries

Any questions? Email Donna at women.initiatives@rotman.utoronto.ca or call 416.978.5036

