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THE FINANCIAL TIMES 2020

## Foundations for Coach-Like Curiosity

### Wake up to the power of curiosity.

This real-time virtual program focuses on changing long-embedded behaviours. Uncover the reasons why you default to giving advice instead of asking questions and learn why asking more and telling less will make you a stronger, better coach.

Over three virtual sessions of 2 hours each, you'll learn and use practical tools to help shift your behaviour and leave the program having experienced the transformative potential and long-term benefits of staying curious.

### Benefits include:

- » Understanding the impact of curiosity in the workplace
- » Learn the three behaviours of great coaches and how to implement them daily
- » Defeat your inner "advice monster"
- » Get clear on how new habits are formed and why behaviour change matters
- » Practice the seven core questions

### Learning that doesn't stop

Your journey doesn't end after two days. The Coaching Habit includes post-workshop practice missions and action plans, access to a learning portal so you can refresh your memory of key content, and 108 days of nudges.

### Flexible Learning Design during COVID-19

Don't feel alone while you learn online. We've designed this program to respect both the current challenges of working from home while maintaining and building connections with a class of your peers across different industries and organizations. You'll still gain the networking and learning benefits of our in-class programs while learning from the comfort of your own home with a schedule adapted to your current needs.

### Box of Crayons

Box of Crayons is a learning and development company that helps unleash the power of curiosity to create connected and engaged company cultures. Box of Crayons helps organizations transform from advice-driven to curiosity-led because they believe curiosity driven cultures are more resilient, innovative and successful.

To learn more about their virtual programs, visit [www.boxofcrayons.com](http://www.boxofcrayons.com).

**Hands-on workshop over 3 modules +post-program support**

### Location:

Online  
Class runs 10am - 12pm ET

**Program Fee:**  
\$850 CAD + HST

### Questions?

Contact our learning advisor: [advisor@rotman.utoronto.ca](mailto:advisor@rotman.utoronto.ca)