Florence Budden BN.RN.CPMHN(C)

Co-chair CAMIMH
Past President CFMHN
Board Chair SSC
Foundation

## Capacity Building

- -Why Mental Health Parity?
- Provincial Disparities: Working together to improve capacity
- : Working with Community Organizations
- Importance of Mental Health Promotion and Illness Prevention
- Support Frontline Workers Mental health Builds Capacity: How?
- Creating Resiliency in Health Care Professional University Students